

Covenant

For the next twelve weeks, I promise to God, my 1 On One coach, and my 1 On One partner to seek God with all my heart and to engage and finish these growth activities with the intention of becoming a more fully devoted follower of Jesus Christ. I will be honest in my self-examination and in my conversations with my partner. I will respect his/her privacy and keep our conversations confidential. I accept the role of supporter and friend and will encourage my partner.

Sign

date

Note: Remember – BALANCE. Count the cost. It is better to finish what you start than to drop out because you over-committed.

Meet

- I will meet with my partner every week.
- I will meet with my partner bi-weekly.
- I will attend the Mini-retreat on Sat., April 10, 9:00-12:00.

Study

- I will take Bible 101
- Join a Bible study group: Bible Study Fellowship or other group at other church.
- I will read the Bible for five minutes, five days each week. (download the 5x5x5 plan)
- I will read the Bible for twenty minutes each day. (download a plan that covers the whole Bible)
- I will read *The Life You Always Wanted* by John Ortberg. Available at the 1 On One Resource Table for \$5.00.
- I will read ___ other books selected from the reading list and available at the resource table.
- _____

Pray & Reflect

- Keep a personal prayer time each day.
- Use a daily meditation book.
- Keep a prayer journal.
- Keep ___ day(s) of prayer and fasting.
- Keep ___ four-hour technology fasts.
- Join a prayer group at work, church, neighborhood, etc.
- _____

Serve

- Give ___ hours of my time away helping someone who cannot repay me.
- Help with a mission project at the Gathering.
- Help with a mission project at another church, work, or community event.